



Regional Handball Referee Training in Kubu Raya

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ABSTRACT

Seeing the importance of the referee's role in leading the game, which the referee's role is essential in determining the match's results. This activity was held to provide the understanding and deepening of the handball refereeing material. The implementation of its practice in the field, strengthened by the granting of a regional referee license. There were 20 participants from each representative, especially the sub-districts in Kubu Raya district. The method used was training and mentoring by presenting competent speakers and instructors, especially in handball refereeing. As the results of the handball referee training activities, participants gained a better understanding of handball refereeing rules and practices and could practice them as an implementation of the knowledge they have acquired. The names of participants who have participated in this training were registered as regional licensed referees in the ABTI Management of West Kalimantan Province because they have been licensed at the regional level, which in the future can lead handball matches.

INTRODUCTION

The sport of handball has existed since ancient Greece. The fact can be traced to its historical truth, wherein in ancient Greece, it was found that a man was able to show his ability to move his activities better by using his hands than by using his feet. It is where the modern handball started, namely from the ancient Greek era. However, the forms of play and the rules are very different (Susanto, 2004). Handball is a type of big ball game, a fast sport that is played indoors. Handball game is a modification between basketball and soccer games that rely on hand skills to put the ball into the opponent's goal (Hermansah, 2018). Besides, handball is a game like soccer, but it uses hands to pass the ball from player to player. This sport is played by two teams or teams of 7 people in a team. In this game, the athlete or player tries to put the ball into the net and get a score or points by throwing it towards the goal (Harryanto & Siantoro, 2018). As a new sport, in the sense that it is only known by the public, especially the people of West Kalimantan, it is clear that there is a need for socialization and recognition from all related parties to promote this sport. The more people know, the more people ask about this sport's existence, the more discussion will be about this sport to automatically care. The most real, more people will do or play this sport and find out the rules in the game so that we need various forms of socialization and training on handball.

In the handball game or match, some rules govern and patented by the IHF (International Handball Federation) as the world handball organization. In Indonesia, it is known as PB. ABTI (Indonesian Handball Association) is handball organization in Indonesia (Harryanto & Siantoro, 2018). Currently, in 2019 handball has been included in the list of one of the sports included in the PON (National Sports Week) match in Papua. Several selections will be held in competitions from clubs, schools between students, college students or public, and continue between districts and national level competitions for PON. In practice, matches can run well with a match manager or a referee. The referee is one of the most essential elements in the match, both individual sports and team sports (Prakasa, Ma, & Budiana, 2019, P 9).

The referee has the authority to regulate the course of a match, someone who is considered neutral who will lead, mediate and resolve problems during the match (Kuswoyo, Pramono, & RC, 2017). Therefore, the referee must be equipped with excellent knowledge and understanding of the rules and cues in matches, especially handball. The referee's performance is a description of the work and actual achievements when leading the game, where comprehensive preparation is needed, one of which is understanding the rules of the match. Moreover, it is also supported by excellent mental or psychological and physical readiness, therefore being a referee must prepare himself before leading the match because a referee must be able to account for the results of decisions in the course of the match so that no one is disadvantaged in one of the teams that are competing (Prakasa et al., 2019). The referee can be interpreted as a court judge whose performance is required to provide justice and an impartial or neutral position (Kuswoyo, Pramono, & Achmad Rifai, 2017). In terms of improving referees' performance, There is a need for guidance, training, and evaluation especially for novice referees. Training is a form of learning and skill development, which will undoubtedly impact changing attitudes and behavior, especially readiness to become a referee (Prakasa et al., 2019).

Training is defined as a learning activity that explores further better science, abilities, understanding, and skills (Irianto, 2001). In addition, the training program is an activity that is structured and focused on its achievements and aims to provide added value to participants and the organization (Irianto, 2001). Thus, training activities must be programmed and presented clearly so that participants can easily understand and capture them, especially in understanding the material about mistakes in handball match. The training materials must also be in accordance with the objectives of the expected achievement to make it easier for participants to capture and understand and apply them (Agusta, 2013).

Given the very limited resources of licensed referees, especially in West Kalimantan, Kubu Raya district, this is evident in several match events that there are still many unlicensed referees in leading handball match, and this is homework that must be addressed immediately. Seeing from these conditions, through the Department of Sports, Teacher Training and Education, Tanjungpura University, in collaboration with the Kubu Raya Branch and ABTI of West Kalimantan Province, held regional handball referee training or upgrading of the Kubu Raya Branch Management, this was done so that the number of licensed and competent referees was fulfilled. The training program, in general, has an essential role and impact for individual and organizational institutions, especially in the development of science and knowledge, where the training activity will produce an output called an expert who will be given legality in the form of a certificate or license related to the activities that have been followed (Irianto, 2001).

In the development of sports, educational sports, achievement sports, health and recreation sports are ideal places for developing a sport. When a sport is included in the three pillars of development, it is hoped that these sports can advance and become a driving force for the system. Other systems, or for the sport itself, will be very beneficial because it will be a lot of concern.

METHOD

The method used in the community service program will be carried out in several stages: (1) The socialization stage, namely socializing the Handball refereeing training program. In this activity, college students were assigned, collaborated and applied for permission to the Kubu Raya Regency Handball board to hold Handball refereeing training, which will ask expert instructors to provide refereeing material. (2) The workshop and training stage is where refereeing training will be carried out for beginners / basic Handball sports, especially for the Kubu Raya district. Activities carried out in theory

and practice. (3) The monitoring and evaluation stage, namely monitoring and evaluating the training results that have been given through direct practice in leading matches. The training participants were 20 people consisting of representatives from sub-districts in Kubu Raya regency. The form of training chosen by the community service implementation team of the Department of Sport Sciences, Teaching and Education Faculty, Tanjungpura University, Tanjungpura on regional handball referee training. First, the participants were introduced to the handball, then continue to learn about the rules and mistakes in handball, then refereeing and practice implementation in the field.

Training activities were held on Saturdays and Sundays 5 and 6 October 2019, starting at 08.00-17.00 WIB, at third campus of the FKIP UNTAN Sports Science Department which located at Jalan Nurul Huda Parit Baru, District Sungai Raya, Kubu Raya Regency. The target participants in this training activity were sports education students and sports teachers to introduce and socialize about handball. As an evaluation material, after this refereeing training activity in the near future, there will be a championship between middle schools and high schools in Pontianak. PKM activities for handball referee training at the Kubu Raya district level in 2019 in collaboration with ABTI administrators for the Kubu Raya Regency branch, ABTI administrators in West Kalimantan Province, and supported by lecturers from the FKIP UNTAN Sports Science Department who were involved in assisting in the implementation of training activities. This handball referee training activity is one of the Tri Darma implementations of higher education, one of which is to serve the community. The method used is training and mentoring by presenting competent speakers and instructors, especially in handball refereeing.

RESULTS AND DISCUSSIONS

A. Result

PKM activities for handball referee training at the Kubu Raya district level in 2019 were held for two days (Saturdays and Sundays 5 and 6 October 2019) starting at 08.00-17.00 WIB, on third campus of FKIP, Sports Science Department, UNTAN, which is located at Jalan Nurul Huda Parit Baru, Sungai Raya District, Kubu Raya Regency. Twenty participants attended this activity. The instructor in this regional level handball referee training is a delegation from the ABTI of West Kalimantan Province who is indeed competent and is included in the management of ABTI West Kalimantan Province specifically handling the field of handball supervision and sports competitions. The implementation and practice during the training assist by Department of Sports lecturers.



Fig. 1 Opening of training activities by the chairman of ABTI West Kalimantan Province

The number of participants who attended according to the invitation was 20 participants. Participants attended the first day of training on Saturday, October 5, in an orderly and timely manner.



Fig. 2 The training activities on the first day were presented by the instructor.

The first day of the first session was filled with an explanation of the brief history of handball and the development of the handball, especially in West Kalimantan, as well as the opportunities in handball, followed by the second session that explained about mistakes in handball and the rules of refereeing accompanied by cues whistles and codes in providing penalties for errors in handball. Participants observe the handball referee training material in accordance with the material presented. In providing training materials, participants are given a photocopy of the material presented by the instructor.



Fig. 3 The second day of training activities (practice) accompanied by an instructor

The second day was filled with materials and practices regarding mistakes in handball and the rules of refereeing accompanied by whistle signals and codes in giving penalties for handball mistakes. Participants practice alternately and must have a partner when they practice leading to becoming a referee. Then other participants participated in playing like a handball match. Some also help to observe if some violations or mistakes have been missed by the participant who was in charge of practicing as a referee, by being a table referee in accordance with the instructions and materials submitted. The results of PKM handball referee training at the Kubu Raya district level in 2019 were understanding and knowledge of good procedures for mastering codes and cues in giving sanctions instructions and mastering and understanding the rules of handball refereeing and table referee. The handball referee training activity can be a reference because it is licensed to print competent referees and it must be strengthened by proof of a certificate of activity or a regional level license. It will be the basis that the referee is recognized and the names of the participants who have participated in the handball referee training activities in the district level of Kubu Raya in 2019 have registered in the list of referees and have license number for the ABTI Management of West Kalimantan Province.

B. Discussion

PKM activities for handball referee training at the Kubu Raya district level in 2019 is very necessary to fulfill the need for licensed referees in West Kalimantan, especially Kubu Raya district because handball is newly recognized and developed. The opportunities for handball referee training and the subsidized activities are very limited, so it is not certain that all participants get the same opportunity or the activity can be held every year. It is due to several factors, one of which is the financing budgeting actor. With the existence of participants participated in this handball referee training and being licensed in the future, it will not be difficult and confused with qualified and licensed referees, because in the near future, there will be junior and high school handball tournaments which will be held in the city of Pontianak. An opportunity for referees who have obtained a license to implement their

knowledge.

In the match, the referee's role is significant, especially in deciding and providing sanctions in accordance with the applicable regulations without harming one of the teams. Referees must have high leadership integrity, firm and strict in all situations, especially in leading the match. In addition, the referee must also be ready in a pressure situation and be firm and dexterous in dealing with and deciding on a problem in the field. The referee is required to have broad skills and insight in addition to mastering the rules for handball sports (Lasapa, Nugroho, Si, & Aryanto, 2016). The form of training is a medium that aims to provide a deepening of information and material, especially in sports, especially handball, especially in more in-depth and broader knowledge of regulations, and this has an impact on one's performance in leading (Agusta, 2013).

CONCLUSION AND SUGGESTION

A. Conclusions

Based on the handball referee training activities at the Kubu Raya district level in 2019 that have been implemented, it can be concluded that the participants' understanding and knowledge of the regulations related to handball refereeing is getting better. The existence of regional level licenses has now strengthened referees who previously knew and mastered handball refereeing regulations and even led the game before participating in this activity. This activity will be beneficial in the future, especially in finding competent referees and licensed to guide handball matches or championships.

B. Suggestions

Some suggestions that can be given considering the great benefits of community service activities (1) community service activities related to training activities, especially in sports, really need to be continued because not all sports have received a license, either the coach or the referee, for the basis of recognition of their professionalism, (2) the need for serious attention from agencies and administrators of each sport regarding the legality and a forum for empowering referees and coaches who are truly competent and licensed, and (3) socialization regarding activities related to self-development, especially in activities sports, especially support in handball.

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